

Exclusive Excursions Accommodation and Facilities Policy

Welcome to *Exclusive Excursions*, where we provide our women with a serene and rejuvenating retreat and event experiences. Please review the following information regarding accommodations, facilities, and guidelines for your stay:

Check-In/Check-Out Times:

- Check-in time begins at [see information in retreat/event details], allowing you to settle in and start your wellness journey.
- We kindly request that guests check out by [times presented in retreat/event details] to ensure our staff can prepare for incoming guests.

Accommodation Amenities:

- Our accommodations are thoughtfully designed for luxurious relaxation and comfort. We choose retreat locations featuring:
 - Lush bedded single and shared rooms for deep sleep.
 - Private bathrooms with standard amenities.
 - Nature- rich landscapes to re-align with our beautiful earth.
 - Some retreats may take place in digital detox zones for overall mental health.
 - Often accommodations include free wi-fi for connectivity.

Facility Amenities:

- Our retreats take place in locations with an array of facilities designed to enhance your well-being, including:
 - Tranquil outdoor spaces for meditation and yoga practice.
 - Serene indoor areas for group sessions and personal reflection.
 - Invigorating spa treatments to rejuvenate mind, body, and spirit.
 - Nutritious dining options crafted with locally sourced, organic ingredients.
 - Guided nature hikes and outdoor activities for exploration and adventure.
 - Other amenities tailored to women's health.

Rules for Facility Use:

- To ensure a harmonious experience for all guests, we kindly request adherence to the following guidelines:
 - Respect the peaceful atmosphere and privacy of fellow guests.
 - Dispose of waste responsibly in designated receptacles.
 - Follow any posted instructions and safety guidelines.
 - Always supervise children, especially in communal areas.
 - Maintain a smoke-free environment indoors and within designated outdoor spaces unless otherwise directed.
 - Pets are not permitted on our retreat premises unless otherwise directed in writing.
 - Any damages incurred during your stay will be billed accordingly.

Additional Information:

- For any inquiries or assistance regarding accommodation and facilities, our dedicated staff are available to assist you.
- We are committed to providing a tranquil and rejuvenating experience for all our guests and appreciate your cooperation in upholding these policies.
- Contact elizabethwangugiyoga@gmail.com for any questions.

Thank you for choosing **Exclusive Excursions** for your wellness retreat. We look forward to guiding you on your journey to well-being.