

# ***Exclusive Excursions Alcohol and Substance Abuse Policy***

At *Exclusive Excursions*, we provide a safe and nurturing environment for all participants of our women's wellness retreats and events. As part of our commitment to promoting health and well-being, we have established the following policy regarding alcohol and substance abuse:

## ***1. Alcohol Consumption:***

- *Exclusive Excursions* promotes a culture of mindful living and encourages participants to approach their wellness journey with clarity and intention.
- While moderate alcohol consumption may be permitted in certain contexts, such as celebratory events or designated social gatherings, excessive or irresponsible drinking is strongly discouraged.
- Participants are expected to consume alcohol responsibly and in accordance with local laws and regulations.

## ***2. Substance Abuse:***

- *Exclusive Excursions* maintains an accepting policy regarding the use of legally prescribed drugs and substances.
- Participants are prohibited from using, possessing, or distributing illegal drugs or controlled substances during our retreats and events.
- Any participant found engaging in substance **abuse** will be asked to leave the retreat immediately, and appropriate legal action may be taken as necessary.

## ***3. Support and Resources:***

- *Exclusive Excursions* is committed to supporting participants who may be struggling with alcohol or substance abuse issues.
- We encourage participants to seek assistance if they are experiencing challenges related to alcohol or substance abuse and will provide access to resources and support services as needed.
- Our staff are trained to handle such situations with sensitivity and compassion, and all inquiries and discussions regarding substance abuse will be treated with confidentiality and respect.

## ***4. Wellness-Oriented Environment:***

- Our retreats and events are designed to foster holistic well-being, including mental, emotional, and physical health.

- Participants are encouraged to engage in mindfulness practices, yoga sessions, and other wellness activities that promote inner balance and self-awareness.
- Alcohol and substance abuse are incongruent with the values and objectives of Exclusive Excursions and are not conducive to the transformative experience we aim to facilitate.

**5. Compliance with Policy:**

- All participants are expected to comply with the provisions outlined in this Alcohol and Substance Abuse Policy.
- Failure to adhere to this policy may result in expulsion from the retreat or event, and participants may be held liable for any damages or consequences resulting from their non-compliance.

**Thank You for Your Cooperation:**

- We appreciate your cooperation in upholding our Alcohol and Substance Abuse Policy and contributing to the creation of a safe and supportive environment for all participants.
- Together, we can cultivate a community of wellness and empowerment at ***Exclusive Excursions***.